


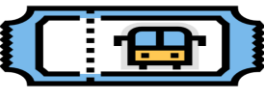





September 2022

INSPIRE HEALTH & REHAB CENTER
2131 OST NW WDC, 20037

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				10:30 Calendar Placements(AF) 2:30 Room Visits(AF)	10:30 Coffee Social(MD) 11am Karaoke 2pm Music Tunes(MD)	11am 1-1 Visits(AF) 1pm 1-1 Visits(AF)
11am Spiritual Support(AF) 1pm(1-1 Visits) 2pm Saint Egidio Community Room Visits(AF)	11am Holiday BINGO(MD)  Labor Day	10:30 Coffee Social(MD) 11am Move Your Body Fitness 2:30 Arts 'N' Craft (MD)	10:30 Coffee Social(MD) 11am Instrumental Music & Praise 2:30 Food Committee	10:30 Coffee Social/Music Encounters Live(MD) 2:30 Movie & Popcorn(MD) 6pm Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke 2:30 Happy Hour(MD) 	11am 1-1 Visits(AF) 1pm 1-1 Visits(AF)
11am Spiritual Support(AF) 1pm 1-1 Visits(AF) 2pm Saint Egidio Community Visits(AF) Grandparents Day	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 BINGO(MD)	10:30 Coffee Social(MD) 11am Music Appreciation(MD) 2:30 Motown Music Trivia(MD)	10:30 Coffee Social(MD) 11am Food Demonstration (MD) 2:30 Back Down Memory lane(MD)	10:30 Coffee Social(MD) 11am Trivia(RL) 2:30 Women & Men Social Group(MD) 	10:30 Coffee Social(MD) 11am Karaoke(MD) 2:30 Happy Hour(MD)	11am 1-1 Visits(AF) 1pm 1-1 Visits(AF) Oktoberfest Begins
11am Spiritual Support(MD) 1pm 1-1 Visits(AF) 2pm Saint Egidio Community BINGO (MD)	10:30 Coffee Social(MD) 12pm Council Officers Luncheon(ADMIN) 2:30 BINGO(MD)	11am Bus Trip Outing 	10:30 Coffee Social(MD) 11am Instrumental Music & Praise(MD) 2:30 Resident Council Meeting(MD)	8AM Fall Country Breakfast  2:30 Movie & Popcorn(MD) 6pm Pet Therapy(AF) Autumn Begins	10:30 Coffee Social(MD) 11am Karaoke(MD) 2:30 Happy Hour(MD)	11am 1-1 Visits(AF) 1pm 1-1 Visits(AF)
11am Spiritual Support(AF) 1pm 1-1 Visits(AF) 2pm Saint Egidio Community Visits(MD) Rosh Hashanah Begins	10:30 Coffee Social(MD) 11am Move Your Body Fitness(MD) 2:30 BINGO	10:30 Coffee Social(MD) 11am Music Tunes(MD) 2:30 Table top games & snacks(MD)	10:30 Coffee Social (MD) 2:30 Monthly Birthday Celebration! 	10:30 Coffee Social(MD) 11am Music Tunes(MD) 2:30 Trivial Pursuit(MD)	10:30 Coffee Social(MD) 2:30 Fall Ball Gala w/Bill Davis(MD) 	

ALL ACTIVITIES ARE SUBJECT TO CHANGE!