

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# April 2023

**INSPIRE REHAB**

2131 O Street NW Washington DC 20037

1  
10:00am Calendar Orientation-(MD)  


11:00am Palm Sunday service with Saint Egidio-(MD)  
  
Palm Sunday

2  
9:00am 1:1-(AF)  
10:30am Coffee Hour-(MD)  
**11:00am Spanish Group/Games-(MD)**  
2:30 Bingo-(MD)

3  
10:30am Coffee Hour-(MD)  
11:00am Gospel Music-(MD)  
2:30pm Back Down Memory Lane-(MD)

4  
9:00am 1:1-(AF)  
10:30am Coffee Hour-(MD)  
11:00am Sing-A – Long-(MD)  
**2:00pm Food Committee-(MD)**  
Passover Begins

5  
10:30am Coffee Hour-(MD)  
11:00am Arts-n-Crafts-(MD)  
**2:00pm (Special Birthday Celebration)-(MD)**  
**6:00pm Pet Therapy-(AF)**

6  
10:30am Coffee Hour-(MD)  
11:00am-Karaoke-(MD)  
2:30 Happy Hour-(MD)

7  
9:30am 1:1-(AF)  
11:00am Music Trivia-(MD)

11:00am Easter Sunday service with Saint Egidio-(MD)  
  
Easter Sunday

9  
9:00am 1:1-(AF)  
10:30am Coffee Hour-(MD)  
11:00am Music Listening-(MD)  
2:30pm Bingo(MD)  
2:30pm Men's Social-(MD)

10  
9:00am 1:1- AF  
**10:30am- Community Outing-(O)**  
2:30pm Chair exercise-(MD)  
**2:30am Poetry Reading-4th floor-(SR)**

11  
10:30am Coffee Hour-(MD)  
11:00am Move to Movement-(MD)  
2:30pm Discussion-(MD)  
**2:30pm Music Listening-2<sup>nd</sup> floor-(SR)**

12  
10:30am Coffee Hour-(MD)  
11:00am Musical Encounters-(MD)  
2:00pm Movie (MD)  
**2:30pm Discussion Group 3<sup>rd</sup> Floor(SR)**  
**2:30pm Music R&B Time 5<sup>th</sup> Floor-(SR)**

13  
10:30am Coffee Hour-(MD)  
11:00am Karaoke (MD)  
2:30pm Happy Hour- (MD)

14  
9:30am 1:1-(AF)  
11:00am Movie (MD)

11:00am Spirit Support- (MD)  
2:00pm Visits with Saint Egidio- (MD)

16  
9:00am 1:1(AF)  
10:30am Coffee Hour-(MD)  
**12:00noon Officers Luncheon-(LCF)**  
11:00am Sing-a-long(MD)  
2:30pm Bingo MD

17  
10:30am Coffee Hour(MD)  
11:00am Karaoke-(MD)  
2:30pm Women's Discussion-( MD)  
**2:30pm Music Jam 4<sup>th</sup> Floor-(SR)**

18  
9:00am 1:1-(AF)  
10:30am Coffee Hour-(MD)  
11:00am Exercise-(MD)  
**2:30pm Resident Council Meeting- (MD)**

19  
10:30am Coffee Hour-(MD)  
11:00am Play that Tune – (MD)  
2:00pm Movie- (MD)  
**2:30pm Easy Listening 3<sup>rd</sup> Floor(SR)**  
**2:30pm Time will Tell 5<sup>th</sup> Floor(SR)**


20  
10:30am Coffee Hour-(MD)  
2:30pm Happy Hour- (MD)  
**HAPPY HOUR is the BEST HOUR**

21  
**8:00am Volunteer Recognition Breakfast-(MD)**  
11:00am Karaoke (MD)  
Earth Day

11:00am Spirit Support- (MD)  
2pm Bingo with Saint Egidio- (MD)

23  
10:30am Coffee Hour(MD)  
**11:00am Community Walk-(O)**  
2:30pm Bingo-(MD)  
**2:30pm Men' Sports-(MD)**

24  
10:30am Coffee Hour-(MD)  
11:00am Spiritual Time-(MD)  
2:30pm Game Day-(MD)  
**2:30pm Music Jam 4<sup>th</sup> Floor-(SR)**

25  
10:30am Coffee Hour(MD)  
11:00am Discussion Group- (MD)  
**2:30pm Monthly Birthday Party-(MD)**  


26  
10:30am Coffee Hour-(MD)  
11:00am Spanish Group-(MD)  
2:30pm Movie-(MD)  
**2:30pm Trivia- 3<sup>th</sup> Floor-(SR)**  
**2:30pm Games 5<sup>th</sup> floor(SR)**

27  
10:30am Coffee Hour –(MD)  
11:00am Karaoke-(MD)  
2:30pm Happy Hour-(MD)  
Arbor Day

28  
9:30am 1:1-(AF)  
11:00am Arts & Crafts-( MD)

11:00am Spirit Support- (MD)  
2:00pm Visits with Saint Egidio- (MD)

**30**

**LOCATION CODES:**

- (AF) – All Floors
- (MD) – Main Dining Room
- (SR) – Social Room
- (O) - Outings
- (LCR)- Large Conference Room

**ALL ACTIVITIES ARE SUBJECT TO CHANGE!**