








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>October 2019 LOCATION CODES: ALL FLOORS:AF MAIN DINING ROOM:MD RESIDENTS LOUNGE:RL</p>		10:30 Coffee Social(MD) 11am Musical Grooves 11am Holistic Gr.(3) 2:30 Fright Fest Movie & Popcorn(MD) 2:30 Room Visits(2)	10:00am Wardrobe Wagon Shopping(MD) 	10:30 Coffee Social(MD) 11am BINGO (MD) Room Visits(4) 2:30 Trivia Pursuit 6PM Pet Therapy(AF) 	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour(MD)	11am Movie Matinee(MD) 1pm Room Visits(AF) 3pm Family & Friends(AF)	
	11am Communion w/Minister Coles(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF)	10:30 Coffee Social(MD) 11am Trivial Pursuit(MD) Room Visits(3) 2:30 You Be The Judge Social Activity(MD)	10:30 Coffee Social(MD) 11am Bus Trip Outing 2:30 Fright Fest Movie Popcorn(MD) 	10:30 Coffee Social(MD) 11am Holistic Gr.(3) Room Visits(5) 2:30 Women & Men's group(MD) Yom Kippur	10:30 Coffee Social(MD) 11am Move Your Body(MD) Holistic Gr.(3) 2:30 BINGO(MD) Room Visits(4) 6PM Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour w/ Bill Davis(MD) 	11am Sing Along(MD) 1pm Room Visits(AF) 3pm Family & Friends(AF)
	11am Worship Services w/ Temple of Praise(MD) 1pm Room Visits(AF) 3pm Catholic Mass(RL)	10:30 Coffee Social(MD) 11am Sing Along 2:30 Trivial Pursuit(MD) Columbus Day (US) Thanksgiving Day (Canada) Sukkot	10:30 Coffee Social(MD) 11am Musical Grooves(MD) 11am Holistic Gr.(3) 2:30 October Fest w/ Brian Rudolph(MD)	10:30 Coffee Social(MD) 11am Sing Along(MD) Room Visits(5) 2:30 Fright Fest Movie & Popcorn(MD)	10:30 Coffee Social(MD) 11am Music Appreciation w/James Yarsky(MD) Holistic Gr.(3) 2:30 BINGO(MD) Room Visits(4) 6PM Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour(MD)	11am Movie Matinee(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits(AF)
	11am Worship services w/ Save A Life Ministries(MD) 1pm Room Visits(AF) 3pm Family & Friends Visits	10:30 Coffee Social(MD) 11am Trivial Pursuit Room Visits(3) 2:30 Trivia Pursuit(MD)	10:30 Coffee Social(MD) 11am Bus Trip Outing 2:30 Fright Fest Movie & Popcorn(MD) Simchat Torah	10:30 Coffee Social(MD) 11am Sing Along(MD) 2:30 Monthly Birthday Celebration(MD) 	10:30 Coffee Social(MD) 11am BINGO (MD) Holistic Group(3) Room Visits(4) 2:30 Resident Council Meeting(MD) 6PM Pet Therapy(AF)	10:30 Coffee Social(MD) 11am Karaoke Time(MD) 2:30 Happy Hour w/ Bill Davis(MD)	11am New Born Church Bible Study(MD) 
11 Worship Services w/ Temple of Praise(MD) 1pm Room Visits 3pm BINGO w/ Catholic Mass(MD)	10:30 Coffee Social(MD) 11am Trivial Pursuit Room Visits(3) 2:30 Immigration Awareness Program(MD)	10:30 Coffee Social(MD) 11am Holistic Gr.(3) Room Visits(2) 2:30 Fright Fest Movie & Popcorn(MD)	10:30 Coffee Social(MD) 11am Sing Along(MD) Room Visits(5) 2:30 Women & Men's group(MD)	10:30 Halloween Costume Parade(MD) 2:30 Ghost & Goblins Halloween Party(MD) 6PM Pet Therapy(AF)	<div style="text-align: center;"> INSPIRE HEALTH & REHAB CENTER 2131 O ST. N.W. Washington DC, 20037 </div>		

ALL ACTIVITIES ARE SUBJECT TO CHANGE!